

ENF ABCcell



ABCCell

Why ABCCell?

ENF ABCCell was created through a partnership between Fast Therapies and Dr. Anna Brilli, a maxillofacial surgeon, holistic nutritionist, and the originator of the alkaline lifestyle concept. It involves a comprehensive approach to health, wellness, skin care, and anti-aging treatments.

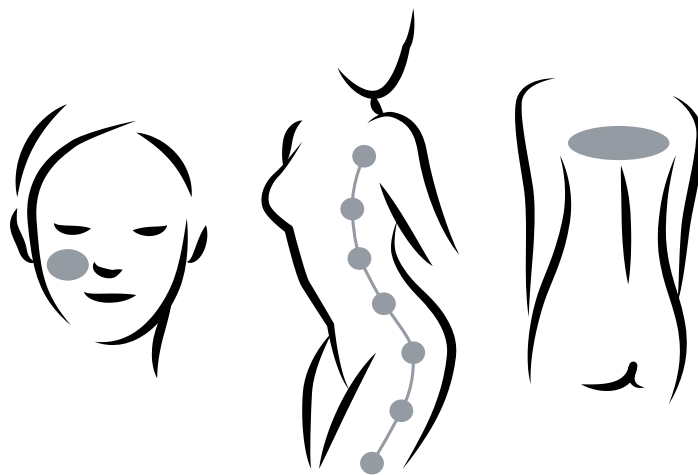
The modern lifestyle, which includes prolonged exposure to blue light, environmental pollution, an unbalanced diet, and constant stress, can cause damage to cellular electrical activity. Proper cell and tissue functioning is necessary to slow down the natural aging process, treat various blemishes, and prevent diseases, while also maintaining overall balance in the body, mind, and spirit.

The ABCCell method is the result of a combination of ENF protocols, customized alkaline nutrition based on medical history, and the use of Sönd Alkaline Skincare line. The face is considered the mirror of the body, according to various traditional medicines.

In the realm of aesthetics and wellness, the ABCCell method highlights the relationship between the reflected area of the face, where blemishes appear, and the corresponding organ to treat the facial area, the TCM Meridian, and the appropriate dorsal metameric area.



Integrated Protocols



Treatment
Face

Treatment
TCM Meridian

Treatment
Metameric



Reflected Zones

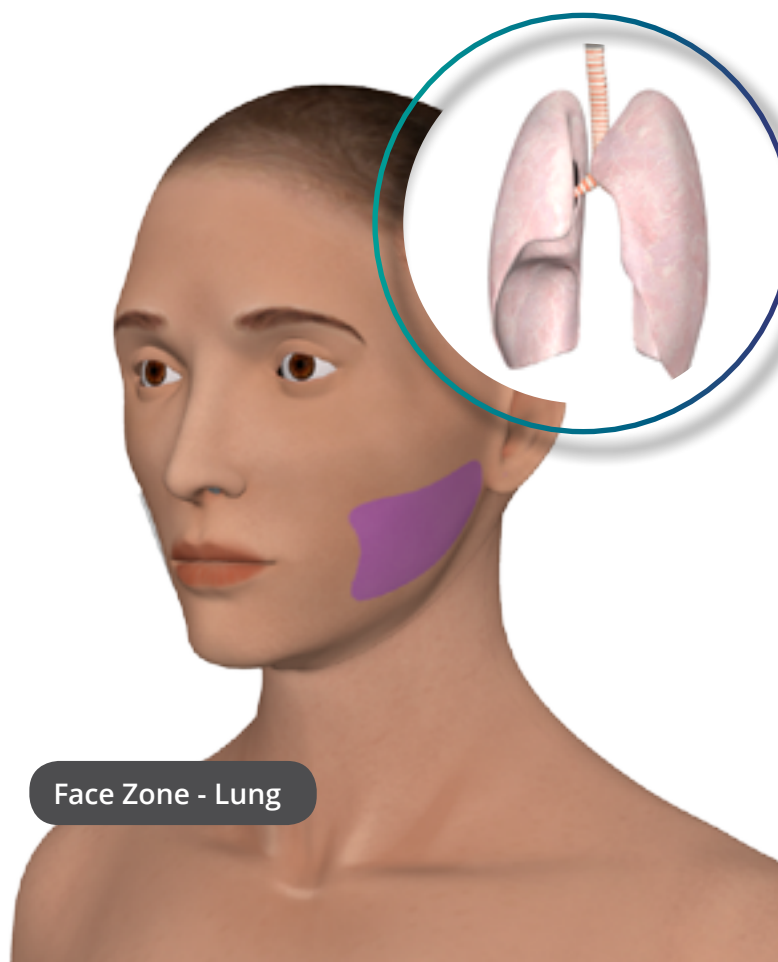
- | | |
|--------------------|-----------------------|
| 1. Small Intestine | 9. Vertebral column |
| 2. Heart | 10. Prostate/Uterus |
| 3. Urinary Bladder | 11. Large Intestine |
| 4. Kidneys | 12. Lungs |
| 5. Stomach | 13. Genital Apparatus |
| 6. Liver | 14. Thyroid |
| 7. Gallbladder | 15. Spleen |
| 8. Pancreas | |



Face Treatment

In addition to its protective role against external agents, the skin exhibits psychosomatic and functional alterations of internal organs such as the liver, endocrine, immune, hormonal, and intestinal microbiota. Upon recognizing organ malfunction and the individual's health status through the assessment of facial signs, ENF ABCell integrated protocols identify the facial skin as the primary area requiring treatment.

An alkaline diet combined with ABCell treatments and formulated range of Sönd Alkaline Skincare products, enables intervention on both skin issues and their underlying causes.



Face Zone - Lung



ENF
2Sphere Maxi



ENF
2Sphere Mini

Integrated Protocols

*Specific probes for Face Treatments,
TCM Meridians and Dorsal Metamers.*



TCM Meridian Treatment

The ENF ABCell treatment on the TCM Meridians encompasses all therapeutic forms based on stimulating points on the 12 energy channels.

Traditional Chinese Medicine states that "Qi," the vital energy, is produced by the dynamic alternation between Yin and Yang and runs through the human body via energy flows of the Meridians. "Qi" is crucial for the body, protecting it from diseases, regulating functions such as temperature, digestion, and water balance.

Imbalances in Yin and Yang cause hindrances in the regular flow of "Qi," leading to blockages, stagnation, and health problems. ABCell treatment on the Meridians aims to eliminate blockages and stagnation, harmonizing the flow cycle, resulting in better organ function corresponding to the treated Meridian.



MTC Meridian - Kidneys



Dorsal Metamere Treatment

The Dorsal Metamere Treatment is a crucial component of the ENF ABCell method. The dorsal metameres are areas of the back that contain important sympathetic S.N. nerve bundles that divide the back horizontally. Each metamere is associated with a specific organ in the body, as well as particular emotional states.

By assessing the facial blemishes, ABCell can determine the correlation between the affected organ, the corresponding dorsal metameres, and the signs present on the face. The ENF ABCell treatment not only enhances the functioning of the organs but also promotes the relaxation of the sympathetic S.N., alleviates tension, and boosts circulation and tissue oxygenation. Treating a dorsal metamere can have benefits for both the physical and emotional aspects of the body.



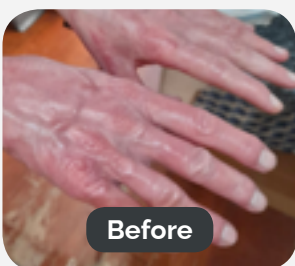
Dorsal Metameter - Large Intestine

The skin, being the largest organ in the human body, serves as both a protective barrier and a reflection of our health, particularly the health of our intestines. When our body is overloaded with toxins due to an unhealthy lifestyle and a poorly alkaline diet, some of the waste may be exuded from the tissues and manifest on the skin in the form of dermatitis, rosacea, acne, itching, and other skin conditions. The ABCell method is a comprehensive approach

to evaluate various skin manifestations in relation to overall health and organ function.

By starting with alkaline nutrition and using alkaline skin care products, the ABCell method takes a 360-degree approach to identify which organ is suffering the most and helps achieve energetic rebalancing.

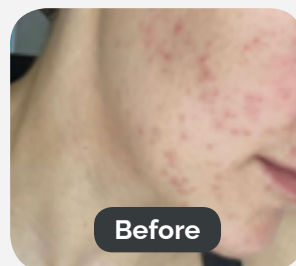
This results in improved organ physiology and the disappearance of symptomatic skin manifestations.



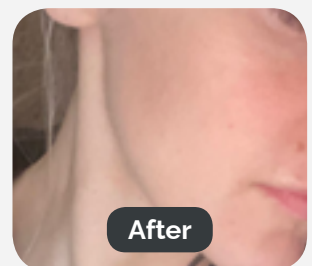
Before



After



Before



After

Aesthetic Protocols

The Aesthetic Protocols of ENF ABCell address various issues concerning the face and body. The objectives are to purify the skin by rebalancing sebum production, nourish, tone, and prevent aging, stimulate lymphatic circulation, and eliminate excess fluids to achieve a detox effect from waste.

Face



- Face - Anti-Age Prevention
- Face - Anti-Wrinkle
- Face - Moisturizing
- Face - Lifting
- Face - Lymphatic Drainage
- Face - Nourishing
- Face - Purifying
- Face - Sebum Balancing
- Face - Skin Lightening
- Face- Toning

Corpo



- Upper Limbs - Lymphatic Drainage
- Decolletage - Moisturizing
- Decolletage - Toning
- Breast - Toning
- Abdomen - Slimming
- Lower Limbs - Fibrous Anticellulite
- Lower Limbs - Sclerotic Anticellulite
- Lower Limbs - Lymphatic Drainage
- Buttocks - Toning
- Inner Thighs - Toning
- Postural Relaxation
- Total Body Relaxation



ENF Magic Hand

Aesthetic Protocols

Probe that combines the treatment effects and manual massage.

Choosing the appropriate Aesthetic Protocol must consider all factors that could negatively affect the skin, paying special attention to gut health, hormonal imbalances, allergies, and psychological state. The practitioner must evaluate the body holistically, not just treating symptoms but discovering the underlying cause.

The human body is a complete pharmacy, and achieving complete well-being requires coordinating multiple factors. A single treatment or product may not permanently solve blemishes or pathologies, so working on multiple fronts simultaneously is necessary to achieve desired results.

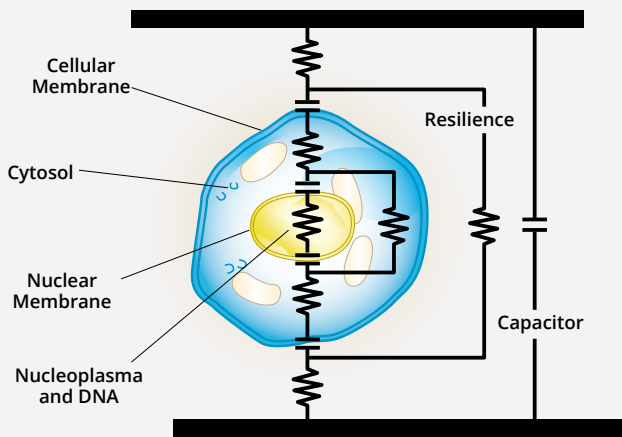


Anti-Wrinkle Protocol

Technology

The Cell's Bioelectric Circuit

The human cell functions as a capacitor, accumulating and consuming electrical charges to maintain a voltage level of about 70 millivolts. If a tissue in the body is diseased or injured, the voltage drops by at least 20 millivolts, leading to impaired cellular functions due to insufficient ATP production.

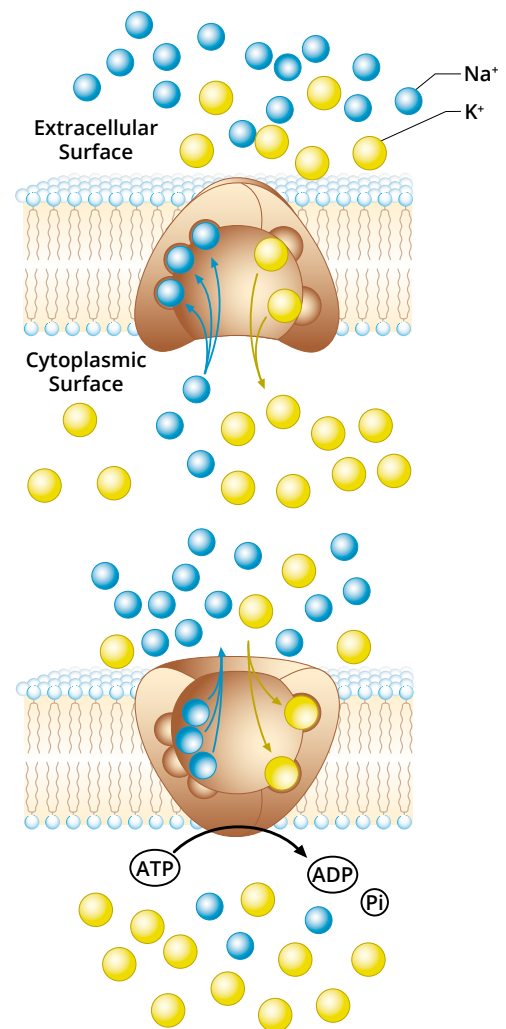


Electrical diagram of the cell.

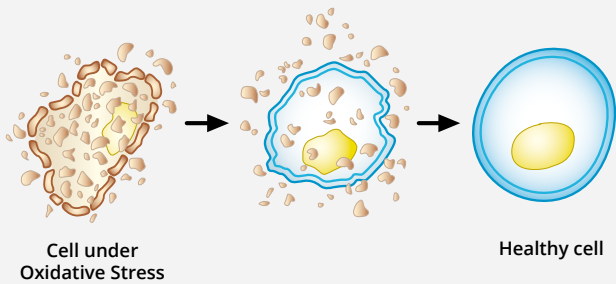
Although electrical stimuli have been applied to electrically excitable tissues like muscles and nerves, the new ENF technology allows for cellular-level interventions, reaching all tissue types, including epithelial, connective, muscle, and nerve.

The movement of ions in sodium-potassium pump

In 1955, Hodgkin and Keynes established that the cell membranes of muscles and nerves are alternately crossed by outgoing Na^+ ions and incoming K^+ ions, which constantly change the ion concentration and consequently the electrical gradient. The ionic potential equilibrium, is defined by the Nernst equation as the electrical potential required to balance ion concentration.



This equilibrium is maintained through passage across the cell membrane, where ions tend to disperse from high to low concentration, influenced by voltage levels that represent the electrical potential difference between the cell's interior and exterior.



Cell Regeneration.

Appropriate electrical stimuli can recognize the physiological bioelectric movement of ions surrounding the cell membrane, allowing the restoration of normal cellular function by accelerating the repair of the damage.

How to accelerate repair of cellular damage?

When a cell in an electrically excitable tissue is damaged, its membrane experiences stress, leading to inhibited healing ability due to low levels of electrical activity (injury current).

ENF technology takes this approach to the next level by transferring a self-regulated amount of energy from feedback.

This technology acts faster on the injury current, supplementing natural bioelectric activity and facilitating repair processes by stimulating fibroblast migration and production, ultimately accelerating cellular damage repair.

The qualitative advantage of ENF Technology

ENF technology delivers the appropriate amount of energy to damaged tissues based on their skin impedance projection, providing a qualitative advantage over traditional forms of therapy.

The major advantage of ENF treatments is that they deliver a variable dose of electrical charges that is responsive to the actual needs of the tissue. This is in contrast to traditional forms of therapy, such as electrical, thermal, and percussive stimulations, which provide a constant energy release. By normalizing cellular voltage levels, ENF therapy accelerates bio-electric communication, promoting regeneration, resolving inflammation, and reducing pain. ENF therapy provides a holistic approach to healing that not only soothes symptoms, but also enhances the body's natural healing process, facilitating cellular detox, improving circulation and neurological response, and promoting tissue regeneration.

ENF ABCell is effective for several types of treatment including:

- Reducing inflammatory processes,
- Promoting soft tissue regeneration,
- Promoting nerve bundle regeneration,
- Promoting muscle tissue regeneration,
- Improving lymphatic and vascular circulation,
- Improving neurological response,
- Enhancing regenerative medicine interventions,
- Stimulating collagen production,
- Promoting cellular detox process.

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FastTherapies

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